

# SUMMER CLASSES 2024

6-WEEK SESSION		
July 1 - August 7		
	MONDAY	
TIME	CLASS	AGE
4:30-5:00 PM	Intro To Dance	Ages 3-5
5:00-5:30 PM	Нір Нор	Ages 6-12
5:30-6:30 PM	Ballet 1	Ages 9-12
6:30-7:00 PM	Pointe	Instructor Approval
7:00-8:00 PM	Ballet 2	Ages 13+
	TUESDAY	
TIME	CLASS	AGE
4:30-5:00 PM	Pre-Pointe	Ages 10+
5:00-6:00 PM	Beginning Ballet	Ages 6-12
6:00-6:30 PM	Jazz/Lyrical Technique	Ages 6-12
6:30-7:00 PM	Musical Theater	Ages 6-12
7:00-7:30 PM	Beginner Acro	Ages 6-12
	WEDNESDAY	
TIME	CLASS	AGE
4:30-5:00 PM	Intro to Tumbling	Ages 3-5
5:00-5:30 PM	Intermediate Acro	Ages 6-12
5:30-6:00 PM	Advanced Acro	Ages 9+
6:00-6:30 PM	Нір Нор	Ages 13+
6:30-7:00 PM	Musical Theater	Ages 13+
7:00-7:30 PM	Jazz/Lyrical Technique	Ages 13+

## **REGISTER ONLINE**

March 1 – June 15 Studiobeadance.com

## **SUMMER PRICING**

30 minute classes \$80 for 6-week session 1 hour classes \$150 for 6-week session

### **CLASS MINIMUM**

All classes have a 6-student minimum and may be combined or cancelled if not met. All summer fees are non-refundable unless the class in question is cancelled.

### **DRESSCODE**

Ballet 1 & 2 students are required to wear tights and a leotard, ballet shoes, and their hair in a low bun. All other summer classes do not have a dress code. Dancers should wear form fitting clothing that is easy to move in. Shoes are not required, dancers may wear ballet shoes, jazz shoes, lyrical shoes, or dance barefoot.

## **QUESTIONS**

Email studiobeadance@gmail.com



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#### **INTRO TO DANCE I Ages 3-5**

Dancers will build coordination, rhythm, balance, strength, and flexibility in a structured class environment. Students use music, movement, and games to build skills while learning beginning dance technique and terminology.

#### **INTRO TO TUMBLING I Ages 3-5**

Dancers will build coordination, rhythm, balance, strength, and flexibility in a structured class environment. Students use music, movement, and games to build skills while learning beginning tumbling technique and terminology.

#### ACRO I Ages 6+

Students will build coordination, balance, and flexibility and strength through acro skills.

**Beginner:** Skills may include cartwheels, rolls, handstands. No tumbling experience required.

**Intermediate:** Dancers should be able to perform a backbend, cartwheel, and front limber without assistance.

**Advanced:** Dancers must have both front and back walkovers without assistance.

#### **BEGINNER BALLET | Ages 6-12**

Dancers will learn proper technique and ballet terminology while improving flexibility, balance, and strength. The class incorporates Progressing Ballet Technique (PBT), classical music and movement combinations at the barre, across, and center floor. This class is recommended for students who are new to ballet or would like to review skills at a slower pace.

#### BALLET 1 & 2 | Ages 9-12 & 13+

Dancers will learn proper technique and ballet terminology while improving flexibility, balance, and strength. The class incorporates Progressing Ballet Technique (PBT), classical music and movement combinations at the barre, across, and center floor. This class is required for competition team members and is recommended for dancers who have previous ballet experience and wish to learn at a faster pace.

#### PRE-POINTE | Ages 10+

Dancers will focus on strengthening exercises, for feet, legs, and core and will gain a better understanding of what is required for pointe work. Dancers will be assessed throughout the duration of the class and will be notified if accepted into pointe classes for the 2024-2025 dance season. Not all dancers will be approved for pointe work following the class, only those who are ready will be approved.

#### **POINTE I Instructor Approval Required**

Instructor's consent is required for this class. Students must be enrolled and attending summer ballet to enroll in pointe. Dancers will learn proper pointe technique and apply ballet technique to pointe work in both center and across floor combinations. This class is designed for current pointe students to continue their training throughout the summer.

#### JAZZ/LYRICAL TECHNIQUE | Ages 6-12 | 13+

This class is designed to help dancers build flexibility and strength while also building technique that is used in both jazz and lyrical combinations. This class is great for new students and returning students who are looking to have some fun dancing over the summer.

#### HIP HOP | Ages 6-12 & 13+

This class is designed for new and returning dancers to learn fun high-energy hip hop combinations each week. Dancers will work on hip hop tricks and build their hip hop skill sets.

#### MUSICAL THEATER | Ages 6-12 & 13+

This class will introduce dancers to the fun and exciting style of musical theater. No previous dance experience is required.